## WAIVER AND RELEASE OF LIABILITY

As the parent or legal guardian of the listed gymnast(s), I hereby consent to the named person(s) participating in the programs offered by HUGS GYMNASTICS, LLC. (hereafter HUGS Gymnastics). I recognize that potentially severe injuries including virus, sprains, broken bones, paralysis, or death can occur in any activity involving height or motion, including gymnastics. I UNDERSTAND AND ACCEPT THIS RISK. I have additionally communicated this risk to my child participant. I also realize that my child will be performing and training on all gymnastics events and devices including the trampoline.

In consideration for allowing my child to use the HUGS Gymnastics equipment and facilities, I hereby release HUGS Gymnastics, its owners, officers, employees, teachers and coaches from all liability for any and all damage, illness and injuries suffered by my child while under the instruction, supervision or control of HUGS Gymnastics, its owners, officers, employees, teachers or coaches.

As the parent or legal guardian of the aforementioned person(s), I hereby agree to individually protect for the possible future medical expenses which may be incurred by my child as a result of any injury sustained while training at, for or under the direction of HUGS Gymnastics. In addition, I confirm that my child has been examined by a physician who has cleared them for unrestricted participation in these activities.

## ASSUMPTION OF RISK AND WAIVER OF LIABILITY IN RELATION TO COVID-19

The coronavirus, Covid-19 has been declared a worldwide pandemic by the World Health Organization. Covid-19 is extremely contagious and is believed to spread mainly from person-to-person. As a result, federal, state, and local governments and health agencies recommend social distancing.

HUGS Gymnastics has put in place preventative measures to reduce the spread of Covid-19, however HUGS Gymnastics cannot guarantee that you or your child(ren) will not become infected with Covid-19. Further, attending HUGS Gymnastics could increase your risk and your child(ren)'s risk of contracting Covid-19.

By signing this agreement, I acknowledge the contagious nature of Covid-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by Covid-19 by attending HUGS Gymnastics and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by Covid-19 at HUGS Gymnastics, may result from the actions, omissions, or negligence of myself and others, including, but not limited to HUGS Gymnastics employees, volunteers, and program participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including but not limited to, personal injury, disability and death), illness, damage, loss, claim, liability or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)'s attendance at HUGS Gymnastics, LLC or participation in HUGS Gymnastics programming ("Claims"). On my behalf, and on behalf of my children, I hereby release, representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of a relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of HUGS Gymnastics, its employees, agents, and representatives, whether a Covid-19 infection occurs before, during, or after participation in any HUGS Gymnastics program.

## PROTOCOLS IN AGREEMENT WITH ATHLETE AND GUARDIANS

- 1. Athlete will NOT come to practice if they have a temperature or do not feel well in anyway. Athlete will be fever free for 72 hours with no medication prior to returning to the gym.
- 2. Each athlete will be required to bring their own water bottle to drink. The drinking fountain is closed.
- 3. Guardians agree to discuss new policies with your athlete prior to practice.
- 4. Athletes will not arrive more than 5 minutes prior to practice starting and parents will pick up promptly on time.
- 6. Only one parent will be allowed in the tot gym per child.
- 7. No refunds for any reason at any time. All sales are final!
- 8. Makeups are not guaranteed. We will do our best but all makeups will be based on availability and scheduled one at a time.

| Signature of Parent/Guardian:   | Date: |
|---------------------------------|-------|
|                                 |       |
| Print name of Parent/Guardian:  |       |
| Name of Athlete(s):             |       |
| Tamo 617 (Inoto(6)).            |       |
| Emergency Contact Phone Numbers |       |